

Your Exciting New Examples of Classical Conditioning

On your own paper, identify the US, UR, CS, and CR in the following examples.

1. The projector panel in Etheridge's classroom has a short circuit and gives him a shock every time he touches it. After a while he hesitates every time he is about to turn it on.
2. JJ gets hungry every time he goes into the kitchen.
3. Quin hates the sight of cats, because he is allergic to them.
4. One of Dane's friends has a night of boozing on to many Margaritas, and eating pizza and salad with bacon bits. After becoming sick, he refuses to eat bacon bits.
5. To stop bad habits, it is sometimes recommended that you put a rubber band around your wrist and snap it every time you notice yourself doing that behavior
6. Before you go in for a chemotherapy treatment, they often give you a distinctive food to eat. After treatment, you can't stand that food.
7. Your significant other often yells at you and makes you feel bad. Pretty soon you can't stand the look of that person and dump them. You meet another person who wears the same cologne/perfume. Although they seem nice, you just can't seem to get along with them.
8. You meet a new person who's cooking is very good. After a few meals you start to fall in love.
9. Whenever you go out with your friends you always drink beer. Now whenever you go out with them, you get thirsty.
10. There are two people you know who you always see together. One day, you see one of them by himself, and he comes up to you and punches you in the nose. Later you see the other one by himself, and you decide to turn around so he doesn't see you.
11. On your way home from school there is a big dog that always barks at you. You start to feel uncomfortable when taking that route, so you take a new route home, past a smaller dog that is not so loud.
12. Whenever you watch stranger things, you always have a big bowl of popcorn. Now you find that just having a bowl of popcorn makes you feel creepy. Later you start eating popcorn while watching Friends. Now the popcorn makes you feel happy.
13. You always do your homework on your desk. After a very hard semester, you find that sitting at your desk depresses you.
14. Your dog gets sick and requires several painful trips to the vet. Now he hides every time he hears you rattle your keys.
15. You want to quit smoking, so you sit at home and give yourself a shock every time you reach for a cigarette. Your smoking decreases. However, when you go out with your friends your smoking returns to the same level.